

## Kodiak Area Emergency Services Organization



## KODIAK, ALASKA, FOR IMMEDIATE RELEASE: June 15, 2020

The information received from the Alaska Department of Health and Social Services (DHSS) about the COVID-19 case reported on Friday, June 12<sup>th</sup> has been updated to identify the individual as a non-resident seafood worker. The individual is isolated and being monitored; and the contact investigation is complete.

IF YOU ARE FEELING SICK OR SUSPECT THAT YOU MAY BE INFECTED WITH THE VIRUS that causes COVID-19, you should remain at home and contact your health care provider; you should also take steps to help prevent the disease from spreading to people in your home and community.

If you are <u>not</u> sick, please continue to take precautionary measures to stay healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Cover your cough or sneeze with a tissue, or cough or sneeze into your elbow.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.
- Keep your circles small and social gatherings limited
- Wear a mask/face covering when out in public
- Maintain social distancing (keep six feet of distance between you and others) when out in public.

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