



## Kodiak Area Emergency Services Organization



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### **KODIAK, ALASKA, FOR IMMEDIATE RELEASE: June 16, 2020**

We have received information from the Alaska Department of Health and Social Services (DHSS) that there has been a positive test result for COVID-19 in Kodiak. This is the fifth known case in Kodiak.

Kodiak Public Health officials have made contact with the individual and will continue to monitor their condition to ensure self-isolation and care. Public Health officials are also initiating a contact investigation and will reach out to any person who may have come into close contact with this individual. Public Health will notify and isolate additional persons as appropriate.

As few details are available at this time, more information on this case will be released on Thursday's live update.

We continue to encourage our citizens to follow the Centers for Disease Control ([www.CDC.gov](http://www.CDC.gov)) recommendations for precautionary measures.

IF YOU ARE FEELING SICK OR SUSPECT THAT YOU MAY BE INFECTED WITH THE VIRUS that causes COVID-19, you should remain at home and contact your health care provider; you should also take steps to help prevent the disease from spreading to people in your home and community. Additional information on COVID-19 is available through the Alaska Department of Health and Social Services (DHSS) at [www.coronavirus.alaska.gov](http://www.coronavirus.alaska.gov).

If you are not sick, please continue to take precautionary measures to stay healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Cover your cough or sneeze with a tissue, or cough or sneeze into your elbow.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.
- Keep your circles small and social gatherings limited
- Wear a mask/face covering when out in public
- Maintain social distancing (keep six feet of distance between you and others) when out in public.

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