

NEWS RELEASE

Kodiak Area Emergency Services Organization



KODIAK, ALASKA, FOR IMMEDIATE RELEASE: JULY 31, 2020

We have received information from the Alaska Department of Health and Social Services that there have been four more positive test results for COVID-19 in the Kodiak Island Borough. These four cases are all travel related nonresidents from the seafood industry and are currently isolated. The addition of these four cases brings the case count to 25 for Kodiak Island; nine of those cases are classified as active.

Staff from the Department of Public Health have conducted contact investigations and remain in contact with the individuals to ensure self-isolation and care.

Please be reminded: IF YOU ARE FEELING SICK OR SUSPECT THAT YOU MAY BE INFECTED WITH THE VIRUS that causes COVID-19, you should remain at home and contact your health care provider; you should also take steps to help prevent the disease from spreading to people in your home and community.

If you are <u>not</u> sick, please continue to take precautionary measures to stay healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after using the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Cover your cough or sneeze with a tissue, or cough or sneeze into your elbow.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.
- Keep your circles small and social gatherings limited
- Wear a mask/face covering when out in public
- Maintain social distancing (keep six feet of distance between you and others) when out in public.

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