

## Kodiak Area Emergency Services Organization



## KODIAK, ALASKA, FOR IMMEDIATE RELEASE: October 23, 2020

The Alaska Department of Health and Social Services has notified the Kodiak Emergency Operations Center of positive test results for COVID-19 associated with the Kodiak Island Borough.

Four new cases have been reported for the Kodiak Island Borough. One case is a Kodiak resident whose contraction of the virus is classified as community spread; three cases are Kodiak residents who recently traveled. Close contacts of these people have been identified and contacted by the contact investigation team. Staff from the Department of Public Health will remain in contact with the individuals to ensure self-isolation and care. This brings the case count associated with the Kodiak Island Borough to one hundred and two (102); six (6) cases are currently classified as active.

Please wear a mask/face covering when out in public and keep your distance from others who are not in your household. When planning travel, please plan for a couple days off at home before returning to normal activities in case you become ill.

Please be reminded: IF YOU ARE FEELING SICK OR SUSPECT THAT YOU MAY BE INFECTED WITH THE VIRUS that causes COVID-19, you should remain at home and contact your health care provider; you should also take steps to help prevent the disease from spreading to people in your home and community.

If you are <u>not</u> sick, please continue to take precautionary measures to stay healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after using the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Cover your cough or sneeze with a tissue, or cough or sneeze into your elbow.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.
- Keep your circles small and social gatherings limited
- Wear a mask/face covering when out in public
- Maintain social distancing (keep six feet of distance between you and others) when out in public.