

Kodiak Area Emergency Services Organization



KODIAK, ALASKA, FOR IMMEDIATE RELEASE: October 30, 2020

The Alaska Department of Health and Social Services has notified the Kodiak Emergency Operations Center of positive test results for COVID-19 associated with the Kodiak Island Borough.

Nine (9) new cases have been reported for the Kodiak Island Borough by the Public Health Department. All cases are Kodiak residents whose contraction of the virus is classified as community spread.

Contact investigations are underway. Healthcare staff will remain in contact with the individuals to ensure continued self-isolation and care. This brings the case count associated with the Kodiak Island Borough to one hundred and thirty (130); thirty (30) cases are currently classified as active.

If you aren't feeling well, please stay home!

Wear a mask/face covering when out in public and keep your distance from others who are not in your household

Keep your social circles small and social gatherings limited.

When planning travel, please also plan for a couple days off at home before returning to normal activities in case you become ill.

Please be reminded: IF YOU ARE FEELING SICK OR SUSPECT THAT YOU MAY BE INFECTED WITH THE VIRUS that causes COVID-19, you should remain at home and contact your health care provider; you should also take steps to help prevent the disease from spreading to people in your home and community.

If you are <u>not</u> sick, please continue to take precautionary measures to stay healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after using the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Cover your cough or sneeze with a tissue, or cough or sneeze into your elbow.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water
- Wear a mask/face covering when out in public
- Maintain social distancing (keep six feet of distance between you and others) when out in public.