

## Kodiak Area Emergency Services Organization



## KODIAK, ALASKA, FOR IMMEDIATE RELEASE: November 6, 2020

The Kodiak Emergency Operations Center has been notified of a positive test result for COVID-19 associated with the Kodiak Island Borough.

One (1) new case has been reported for the Kodiak Island Borough. This case is a Kodiak resident who had recently traveled.

Contact tracing investigation is underway. Healthcare staff will remain in contact with the individual to ensure continued self-isolation and care. This brings the case count associated with the Kodiak Island Borough to one hundred and forty-one (141); thirty-four (34) cases are currently classified as active. Three cases recently completed their isolation period and have been removed from the active case total.

## If you aren't feeling well, please stay home!

When planning travel, please also plan for a couple days off at home and testing before returning to normal activities in case you become ill.

If you are <u>not</u> sick, please continue to take precautionary measures to stay healthy:

- Wear as mask/face covering when out in public
- Keep your social circles small and gatherings limited.
- Maintain social distancing (six feet of distancing between you and others) who are not in your household.
- Wash your hands often with soap and water for at least 20 seconds, especially after using the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Cover your cough or sneeze with a tissue, or cough or sneeze into your elbow.
- Clean frequently touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.