

# EQUIPMENT & COURT SPECIFICATIONS

<u>Division</u>	<u>Size of Ball</u>	<u>Height of Basket</u>	<u>Distance of Free-Throw Line</u>
3 <sup>rd</sup> /4 <sup>th</sup> Grade Division	Size 5 (27.5")	10'	10'
5 <sup>th</sup> /6 <sup>th</sup> Grade Division	Size 6 (28.5")	10'	14'

## LEAGUE STRUCTURE

- **Game Length:** (4) 8-minute periods.
- **Forfeits:** Games will begin on scheduled time, please have players at the gym 10-minutes prior to scheduled game times for warm ups
- **Time Between Periods:** 1-minute between periods. 3-minute half times
- **Overtime:** Additional 2-minute period (NO DOUBLE OT in the regular season)
  - **Double Overtime:** during the tournament the next team that scores a point AFTER the 2-minute overtime period will determine the winner
- **Scoring:**
  1. Free Throws: 1 Point
  2. All Field Goals: 2 Points
  3. NO 3-Point Field Goals
- **Time Outs:**
  - (2) 60-second timeouts permitted PER HALF
  - (1) 60-second timeout for each extra period
  - Unused timeouts may not carry over to the next half
- **Start Game:** Jump ball at half court
- **5-Seconds in the key:** An offensive player shall not remain in the key for more than 5 consecutive seconds

# GAME TACTICS

<u>DIVISION</u>	<u>PLAYING TIME</u>	<u>DEFENSE</u>	<u>PRESSING DEFENSE</u>	<u>DOUBLE-TEAM</u>	<u>STEALING FROM THE DRIBBLER</u>
3 <sup>rd</sup> /4 <sup>th</sup> Grade Division	<p>Equal playing time: the clock will buzz every 4-minutes for subs. Each player must play at least half a quarter</p> <p>Every player must sit a total of 8-minutes throughout the game (must sit at least twice)</p>	Only player-to-player defense through the competition	Pressing is not allowed throughout the competition (including during tournaments)	Double-team is not allowed throughout the competition	<b>Stealing from a dribbler is not permitted throughout the competition (including during tournaments)</b>
5 <sup>th</sup> /6 <sup>th</sup> Grade Division	<p>Equal playing time in periods 1-3. The clock will buzz every 4-minutes for subs. Each player must play at least half a quarter.</p> <p>Every player must sit at least once.</p> <p>Coaches discretion in the 4<sup>th</sup> period and any additional periods</p>	Only player-to-player defense through the competition	<p>Player-to-player defense may be extended to full court in the 4<sup>th</sup> period and each extra period</p> <p>Leading team <b><u>MAY NOT</u></b> extend the defense over half court when leading by 10 points or more</p>	Double-team is not allowed throughout the competition	Coaches' discretion throughout the competition