Divisions and Rosters

The Youth Soccer program has (4) divisions based off of grade. All divisions are co-ed teams

• Micro 1 (Kinder & 1st Graders)

• Striker 1 (4th & 5th Graders)

• Micro 2 (2nd & 3rd Graders)

• Striker 2 (6th – 8th Graders)

All rosters have been released via e-mail to parents and can also be found on our city website at: www.city.kodiak.ak.us/parksrec/page/youth-soccer

Gear

- We highly recommend the use of shin guards for all divisions.
- Any type of running shoes are recommended, we do not require field cleats <u>(this is a reminder</u> <u>that METAL CLEATS ARE NOT PERMITTED ON THE TURF FIELD AT ANY TIME)</u>
- Team shirts will be handed out to all athletes for the season. Team shirts must be worn on ALL games scheduled. Shirts do not need to be worn during practice days
 - If a player has lost their shirt, individuals are responsible for payment of an additional replacement shirt

Attendance

There may be time conflicts for some of your players with other activities. Please be sure to communicate with your coach of any conflicts you may have. You can also send all time conflicts via e-mail to parkstaff@city.kodiak.ak.us and we can notify coaches as needed

Parent/Guardian attendance: Parents should be in attendance during the Micro 1 & Micro 2 divisions (Kinder – 3^{rd} graders). Please do not drop off your athletes unattended if they are under the age of 9. This is for your athlete's SAFETY. If you are unable to attend practice/games please pre-arrange with another present adult or coach on the field

<u>Volunteers</u>

All our coaches and assistant coaches are VOLUNTEERS. If you are interested in helping on the field during practices or games please be sure to contact the Teen Center at 907-486-8665 or by e-mail at parkstaff@city.kodiak.ak.us our youth leagues wouldn't be possible without any of our PARENT VOLUNTEERS.

Weather

Athletes should dress for the weather and prepared to comfortably be physically active on the field. If there is a weather cancellation, the Park Staff will send out E-MAILS to all parents effected and posted on our Facebook page at Kodiak Parks & Rec.

<u>SPORTSMANSHIP</u>

- **THIS IS A YOUTH RECREATIONAL LEAGUE**, our goal is to allow the youth in our community to ENJOY their time on the field with friendly competition
- Players <u>MAY NOT AT ANY POINT</u> throughout the league: purposely kick, trip, jump towards, charge at, strike, push, hold, name calling/bullying, or spit on any players.
- Players, coaches, officials, and spectators throughout the league **MAY NOT AT ANY POINT** physically or verbally harass other players, coaches, officials, and spectators
- It is **<u>REQUIRED</u>** for all athletes and coaches to line up and high five the opposing team at the end of the game
- Further disciple action may be brought up to the league director and may lead up to a game and/or league suspension including unsportsmanlike conduct towards our officials or our volunteers

RULES

- Coaches should ref their own games if refs are unavailable
- 20 Minute Halves, 5 Minute half time *running clock*
 - Coaches or a volunteer parent at the game, should keep a stop watch handy
- Games will start on the hour
 - Please have players on the field 10-15 minutes prior to scheduled game time for warm ups
- The start of each game, offensive team will have the ball at mid-field and will need to pass to a teammate to begin play
 - Coaches should meet prior to game start and do a coin toss to determine who gets the ball first
- Open substitution
 - Coaches are to sub when needed throughout the game
 - Equal playing time is permitted when playing in our recreation league
- Throw ins for all divisions should be taught (Both feet on the ground, two hand over head pass)
 - \circ Throw ins are used when a ball is kicked out of bounds on the side lines
- When ball is kicked out of bounds pass the goal
 - Offensive team kicks it out, goalie restarts the game with a goalie kick (no drop kicks for Micro 1, Micro 2, and Striker 1 age groups)
 - Defensive team kick it out, offensive team restarts the game with a corner kick
- Contact foul or hand ball by the defending team will be rewarded with a penalty kick
 - Slide tackling or head butting is NOT PERMITTED during practice/games
 - Penalty kicks are placed are placed center of the goal. All players must stand back and the goalie must have both feet on the ground until the ball is kicked into play
 - If the ball contacts the field or bounces back on to the field after touching the goalie's hands, the ball is considered "live" and players may resume play